

The Center for Epilepsy and Seizure Education has started 2020 with some exciting changes, and we look forward to providing many more opportunities for education and support throughout the year!

Visit our newly designed website, coming soon at esebc.ca

## Purple Day Walk, March 21

Put on your purple shirt and show your support for everyone who lives with epilepsy!

Our annual Purple Day Walk will take place Saturday, March 21, at Mill Lake Park in Abbotsford from 11 a.m. to 1 p.m.

This will be a family friendly event with popcorn, face painting, a photo booth and our mascot Hope.

Registration is available online, at the center or at the day of the event. The cost is \$10 per person or \$25 for families. All proceeds will be used to support our epilepsy education and support programs.

For more information on Purple Day's origins and how it is celebrated worldwide, visit purpleday.org.



## Welcome Laura Cherrille, Our New Executive Director!

Our new Executive Director, Laura Cherrille, comes to the Center with a wealth of experience in hospice palliative care and addictions, as well as an extensive background in fundraising. She has also sat on several boards and was an active member of Rotary for over 5 years.

We look forward to increasing our presence in the community and beyond through her strong leadership and expertise.



The Canadian Epilepsy Alliance invites you to share your expectations and opinions regarding seizure detection systems in order to guide future developments in this area.

Responses to this survey will then be analyzed and shared with the scientific community in order to center future developments in this field around the needs and preferences of people with epilepsy.

Residents of British Columbia are encouraged to complete this survey!

Complete the Survey



## **Education & Awareness**



## **Presentations**

We wrapped up 2019 with educational presentations at Surrey Community College and Lynn Valley Elementary.

In mid-November, we met with two groups of students in the Education Assistant program at Surrey Community College to teach them the basics of epilepsy and seizure first aid.

The students connected well with the material and asked many thoughtful questions.

We left the future EA's with purple bracelets, purple pens, and brain-shaped stress balls to encourage continued conversation and increased awareness around epilepsy.

At the end of November, we responded to an invitation from Lynn Valley Elementary in North Vancouver to share a presentation in a classroom where two students had epilepsy.

We took our friend HOPE along, who surprised the class with a basket full of purple puppies to give

 away. The children had their pictures taken with HOPE and received lots of coloring and activity books, as well as copies of our Center's original children's book, *Violet's Special Day*, to keep them learning and thinking about epilepsy.

 Visit out Facebook Page for Daily Updates
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