



## September 1, 2020 Newsletter



### Office Closure

Due to Covid-19, the Center was closed from mid-March to the end of May. We reopened June 1, 2020; ready to serve the needs of those with epilepsy. All staff are vigilant in ensuring that all Covid-19 safety precautions are being taken.

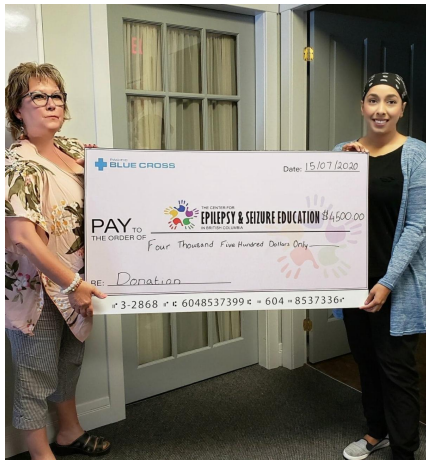
## AGM July 22, 2020

It was a beautiful summer evening sitting outdoors, celebrating another year of successes, while social distancing. Thank-you goes out to all members, staff and board members who came out for this annual event.

Board members and positions for 2020 are as follows: Ted Downey-President, Dr. Dayan Muthayan-Chairman, Flo Dohms-Treasurer, Supriya Bhargavan-Secretary, Judith Ross-Director, and our newly elected Director-Fred Grewal. Welcome to our team Fred!



Fred is committed in helping others and believes strongly in giving back to his community



## Pacific Blue Cross Foundation Donation

We were very excited to receive a \$4500 grant from the Pacific Blue Cross Health Foundation for our epilepsy art expression and client support program. We thank you for your generous gift.

### MANDALA ART EXPRESSION SERIES

Our first Mandala Rock Painting Session was a success! We received a great response from our online attendees and look forward to sharing the artwork that has been sent to us from the first session. Session 2 will be held on September 24, 2020. Please register by clicking the link below!

THE CENTER FOR EPILEPSY & SEIZURE EDUCATION IN  
BRITISH COLUMBIA



WILL BE HOSTING SESSION 2

## MANDALA ART EXPRESSION ON CANVAS

on FACEBOOK LIVE:

<https://www.facebook.com/centerforepilepsy/>

DATE: September 24, 2020

TIME: 1:30 PM

VISIT [WWW.ESEBC.CA](http://WWW.ESEBC.CA) TO REGISTER & RECEIVE A FREE  
PAINT KIT (SUPPLIES ARE LIMITED).

REGISTRATION DEADLINE: September 17, 2020



For further information or to  
register over the phone please  
contact us at (604) 853-7399 or  
[info@esebc.ca](mailto:info@esebc.ca)



"We acknowledge the financial support of the Province of British Columbia."

Register for the Mandala Rock Painting Series - Session 2

Welcome to our team Catherine & Vineetha!



**Education Coordinator**  
Vineetha Nakka

Vineetha has been involved in the non-profit sector for over 4 years supporting those with special needs.



**Administrative Assistant/Bookkeeper**  
Catherine Ohlsson

The Center for Epilepsy is an organization that is dear to her heart as she has several close family members who have epilepsy.

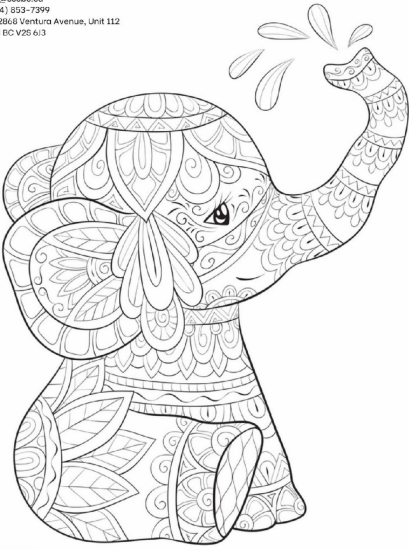
## Enter our Annual Colouring Contest!

### Colouring Contest Details

Name: \_\_\_\_\_ Age: \_\_\_\_\_  
 Address: \_\_\_\_\_ Phone Number: \_\_\_\_\_

It's time for our Annual Colouring Contest!  
 Take a picture of the finished page and tag us on Instagram, Facebook, Twitter or send your artwork to us through mail or email at [info@esebc.ca](mailto:info@esebc.ca) for your chance to win! Make sure to include a fact about epilepsy below. The top 3 winners in each age category will receive a gift card and the 2nd and 3rd place winners in each age category will also receive a prize.  
 Contest Deadline: September 14, 2020. Age Groups: Children (8-14), Youth (15-18) & Adults 19+

Email: [info@esebc.ca](mailto:info@esebc.ca)  
 Phone: (604) 853-7399  
 Address: 22860 Ventura Avenue, Unit 112  
 Abbotsford BC V2G 4L3



What do I know about Epilepsy?  
 \_\_\_\_\_

## Presentations Now Online

We are now available to provide presentations on epilepsy & seizure education and awareness. If you are a school, service group, church, community group, etc. looking to learn more about epilepsy and seizures please contact us at (604) 853-7399 or [educationcoordinator@esebc.ca](mailto:educationcoordinator@esebc.ca).



2020 has been such a challenging year for all of us. Covid-19 has impacted us on so many levels. Charities have not been immune to these challenges. Every dollar counts towards supporting those in need of our services.



**DONATE**

[Click Here to Donate!](#)

The Center for Epilepsy & Seizure Education in British Columbia  
[www.esebc.ca](http://www.esebc.ca)

