## The Center for Epilepsy and Seizure Education in British Columbia



# Annual General Meeting and 2022 Annual Report

DATE: JUNE 13, 2023 TIME: 5:30 PM LOCATION: 102-32868 VENTURA AVE, ABBOTSFORD, BC V2S 6J3

A cure may be found tomorrow but someone needs your help today

# Welcome and Territorial Acknowledgement

We would like to acknowledge the traditional ancestral unceded shared territory of the Sumas First Nation and Matsqui First Nation. These two First Nations are part of the Stó:lō Nation. The Stó:lō people have lived in the Fraser Valley for 10,000 years. It is for this reason that we acknowledge the traditional territory in which we reside.

### Our Mission Statement:

We are dedicated to creating and providing support, information and education to families and individuals who live with epilepsy, their support staff, educational personnel, friends, co- workers, health care providers and anyone else affected by epilepsy.

### BOARD OF DIRECTORS



President & Chair George (Ted) Downey



Treasurer Malvinder (Fred) Grewal



Secretary Judith (Judy) Ross



Director Elyssa Lockhart



Director Jagjeet (Jag) Sandhu



Director Dr. Lakhbir Jassal

### The Center for Epilepsy and Seizure Education in BC

### 2023 Annual General Meeting

- 1. Call to Order
- 2. Welcome & Territorial Acknowledgement
- 3. Confirm Quorum
- 4. Approval of Agenda
- 5. Approval of Minutes June 28, 2022
- 6. President's Report
- 7. Treasurer's Report
- 8. Operational Report
- 9. Client Services Report
- 10. Election of Directors
- 11. Appointment of Accountant
- 12. Questions from the Membership
- 13. Adjourn



### The Center for Epilepsy and Seizure Education in BC

### 2022 Annual General Meeting Minutes

JUNE 28, 2022 - LOCATION: 102-32868 VENTURA AVE, ABBOTSFORD, BC V2S 6J3

Call to Order: 4:25 PM

#### Attendance

Board Members: Treasurer: Malvinder (Fred) Grewal, Secretary: Judith (Judy) Ross, Dr. Lakhbir Jassal, and Florence (Flo) Dohms.

**Staff**: Executive Director: Laura Cherrille, Client Support Coordinator: Rupinder Bhatti, Education & Awareness Coordinator: Vineetha Nakka, and Bookkeeper & Administration Coordinator: Kayleen O'Brien.

Members: Ranjit Bhatti, Bailey Murphy, Haylee O'Brien, Shannon O'Brien, and Don Ross.

### **Introductions:**

### Adoption of Agenda:

Flo Dohms moved to adopt the agenda, seconded by Don Ross. Motion carried.

### Approval of 2021 AGM Minutes:

Fred Grewal moved to adopt the 2021 AGM minutes, seconded by Shannon O'Brien. Motion carried.

### President's Report:

Read by Judy Ross on behalf of Ted Downey, see AGM package for report.

### Treasurer's Report:

Read by Fred Grewal, see AGM package for report.

### **Executive Director's Report:**

Read by Laura Cherrille, see AGM package for report.

### **Client Support Coordinator's Report:**

Read by Rupinder Bhatti, see AGM package for report.

### Education & Awareness Coordinator's Report:

Read by Vineetha Nakka, see AGM package for report.

### **Election of Directors:**

Flo Dohms moved to accept the current slate, seconded by Shannon O'Brien. Motion carried.

### **Board of Directors:**

President & Chair: George (Ted) Downey

Secretary: Judith (Judy) Ross

Treasurer: Malvinder (Fred) Grewal

Director: Dr. Lakhbir Jassal Director: Elyssa Lockhart Director: Jag Sandhu

### **Financial Statements:**

Bailey Murphy moved to adopt the unaudited financial statements as prepared by Michael Forcier, CGA and seconded by Don Ross. Motion carried.

### Appointment of Accountant for 2022:

Shannon O'Brien moved to accept T.J Holmgren CPA Inc. as our accountant for 2022, seconded by Haylee O'Brien. Motion carried.

**New Business**: No new business.

**Director's announcement:** Judy Ross announced that Flo Dohms is stepping down from the board. Having made a great contribution to the center. Certificate of appreciation for her contribution was given and Flo accepted with thanks.

### Adjourned: 4:56 PM.

Fred Grewal moved to adjourn the meeting, seconded by Lakhbir Jassal. Motion carried.

### PRESIDENT'S REPORT

#### Dear Members,

The Centre for Epilepsy and Seizure Education in BC was put to the test again this past year and I am proud to say we have become a stronger and more resilient organization as a result. With the ongoing challenges brought by COVID recovery, as well as internal transitions within our staff team, we have carefully navigated our way through these challenges, keeping our clients' needs at the forefront of all decisions. I am so proud of the efforts of our staff and volunteers.



PRESIDENT & CHAIR
GEORGE (TED) DOWNEY

Kayleen O'Brien, our Administrator and Bookkeeper, made a decision to change her career path to another place of employment, however has kindly continued to support our bookkeeping needs on a contractual basis and for that we are truly grateful to her. With her ongoing part-time support, she ensures that we maintain solid financial management.

Vineetha Nakka, our Education Coordinator, conducted highly informative presentations customized to various audiences including schools, businesses, and other interested individuals seeking education about epilepsy. Her presentations provided valuable insights into the condition, dispelling misconceptions, and equipping attendees with practical knowledge on seizure management. Vineetha's efforts played a pivotal role in raising awareness, promoting inclusivity, and empowering others to support individuals affected by epilepsy. Vineetha left the Center in October 2022 and we are grateful for the contributions she made during her time at ESEBC.

Despite these losses, in 2022 we significantly increased our reach and support to clients by expanding from 31 communities to a total of 48 communities. This represents a remarkable increase in our outreach efforts. This was no small feat under the circumstances.

This past February 2023, we saw the departure of our Executive Director Laura Cherrille. We thank Laura for the service she brought to the Centre over the past 3 years and wish her well in her future endeavors.

PRESIDENT'S REPORT

The Board moved quickly to fill this leadership gap and are pleased to have retained Cathy Paterson as our

Interim Executive Director. Cathy started with us in early April 2023 and is working remotely with Rupinder.

Cathy brings over 25 years of experience both as an Executive Director for a variety of not-for-profit

organizations as well as acting as Interim Executive Director for organizations in transition, like ours. She

ensures we 'keep the boat afloat' while assisting us with the recruitment of a new Executive Director. Cathy

has stepped in with both feet and I am pleased to report that she and Rupinder are managing the office and

our important services brilliantly!

I would like to express my thanks to our Board of Directors for their time and commitment to our work.

Thank you to our Secretary Judy Ross; Treasurer Fred Grewal; Director Elyssa Lockhart; Director Dr.

Lakhbir Jassal; and Director Jag Sandhu. In the past months, this team have been loyal stewards of our

organization, committing more volunteer time than expected and doing so with grace and expertise. Thank

you to each of you.

It is with sadness, but the utmost respect, that I announce the retirement of Judy Ross as Secretary of our

Board. Judy held a career as a nurse and came over to the Centre in 2008 to become our Program Manager,

which she held for 10 years. She then stepped onto our Board and has volunteered endlessly - being the glue

that keeps us together. I extend my deepest thanks to Judy on behalf of the Board staff and our members for

all that she has brought to this organization. We will miss her - however we know she will keep in touch!

Finally, we would not be doing the wonderful work we do without the ongoing support of our donors and

supporters. Again, this year the Provincial Government provided us with a foundational Gaming Grant through

B.C. Gaming which support our annual operations. We also acknowledge and thank the many other donors,

who without their support, our society would not operate. These donors are mentioned within this Annual

Report, and I want to invite each of you to take note of them. We, along with our clients, owe them a debt of

gratitude. I close with our powerful message that drives the work we do each day:

"A cure may be found tomorrow but someone needs your help today."

Sincerely,

Ted Downey
George E. (Ted) Downey

- (104) 2011

President

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### TREASURER'S REPORT

The Center for Epilepsy and Seizure Education in BC retained T.J. Holmgren, CPA Inc. to conduct a Compilation Engagement Review of the Society's financials for 2022. These are unaudited statements. The Statement of Financial Position reports net assets at the end of fiscal 2022 were \$194,186. This is \$27, 239 less than the prior fiscal.



TRESURER MALVINDER (FRED) GREWAL

The Statement of Operations and Changes in Net Assets statement ending December 31, 2022 shows a small decrease in net assets of -\$3,199. This is largely explained by the decrease of \$12,540 in Gaming Funds received over the prior year – our largest revenue source. Disbursements for the year were similar to 2021, however expenses directly related to service and education delivery were higher, with overhead costs reduced, showing a strong use of funds in reaching more clients and organizations year over year.

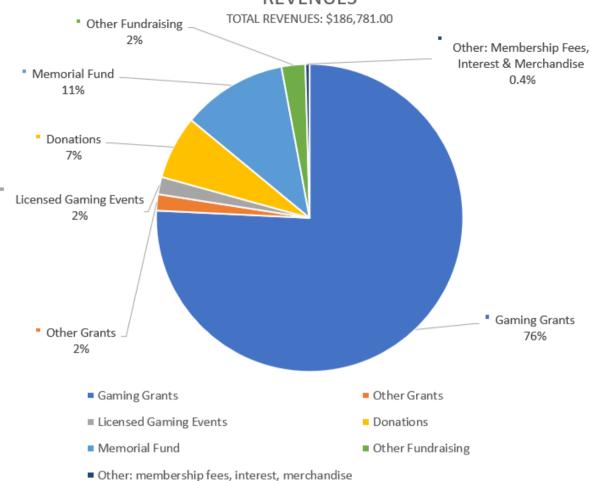
We closed the year with a net loss of -\$14,130, which may be explained by reduced gaming funds as well as staff absences over the year.

Fred Grewal

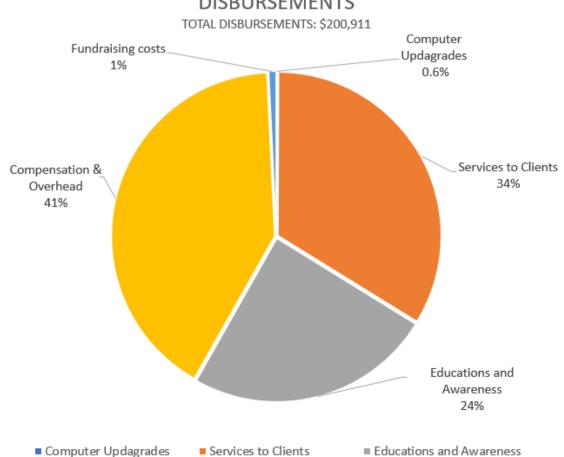
**ESEBC** Treasurer

Fred Grewal

### **REVENUES**



### **DISBURSEMENTS**



■ Compensation & Overhead ■ Fundraising costs

### THE CENTER FOR EPILEPSY & SEIZURE EDUCATION IN BRITISH COLUMBIA

STATEMENT OF FINANCIAL POSITION DECEMBER 31, 2022

		<u>2022</u>	<u>2021</u>
ASSETS			
CURRENT ASSETS			
Cash - General	\$	3,301 \$	16,436
Cash - Community Gaming Grant		150,134	143,797
Cash - Jaymie Lynn restricted fund		39,469	60,004
Prepaid		435	435
Due from government agencies		847	753
	<u>\$</u>	194,186 \$	221,425
LIABILITIES AND FUND EQUITY			
CURRENT LIABILITIES			
Accounts payable and accruals	\$	2,500 \$	2,500
Credit cards payable		282	1,959
Due to government agencies		5,131	4,528
Deferred income/revenue (Note 3)		189,472	201,507
		197,385	210,494
NET ASSETS			
Unrestricted - ending	_	(3,199)	10,931
	<u>\$</u>	194,186 \$	221,425
Approved on Behalf of the Directors:			

### THE CENTER FOR EPILEPSY & SEIZURE EDUCATION IN BRITISH COLUMBIA

### STATEMENT OF OPERATIONS AND CHANGES IN NET ASSETS YEAR ENDING DECEMBER 31, 2022

		<u>2022</u>	<u>2021</u>
RECEIPTS			
Gaming grants	\$	141,500 \$	154,040
Other support grants		3,200	8,700
Licensed gaming events		3,395	1,910
Receipted donations		1,745	1,253
Non-receipted donations		10,737	2,583
Jaymie Lynn fund		20,700	4,900
Other and interest income		600	22,401
Merchandise		119	593
Membership fees		100	62
Fundraising	_	4,685	2,531
		186,781	198,973
DISBURSEMENTS			
Computer upgrades		122	7,080
Services to clients (Note a)		67,774	47,715
Education and awareness (Note b)		49,040	33,283
Unallocated overhead (Note c)		82,433	111,520
Fundraising costs	_	1,542	110
		200,911	199,708
(DEFICIENCY) EXCESS OF REVENUES OVER EXPENSES	_	(14,130)	(735)
NET ASSETS, beginning of year		10,931	11,666
NET ASSETS, end of year	\$	(3,199) \$	10,931

### THE CENTER FOR EPILEPSY & SEIZURE EDUCATION IN BRITISH COLUMBIA

STATEMENT OF CASH FLOWS YEAR ENDING DECEMBER 31, 2022

		<u>2022</u>	<u>2021</u>
OPERATING ACTIVITIES:			
Surplus (deficit) for the year	\$	(14,130) \$	(735)
CHANGES IN NON-CASH WORKING CAPITAL:			
- due from government agencies		(94)	63
- prepaid expenses		-	1,303
- accounts payable		1	(1,423)
- due to government agencies		602	(112)
- credit cards payable		(1,677)	1,203
- deferred grant revenue		(12,035)	(15,421)
CHANGE IN CASH AND CASH EQUIVALENTS		(27,333)	(15,122)
CASH AND CASH EQUIVALENTS AT BEGINNING OF PERIOD		220,237	235,359
CASH AND CASH EQUIVALENTS AT END OF PERIOD	\$	192,904 \$	220,237
Cash and cash equivalents consist of the following:			
CASH - GENERAL	\$	3,301 \$	16,436
CASH - COMMUNITY GAMING GRANT		150,134	143,797
CASH - JAYMIE LYNN RESTRICTED FUND		39,469	60,004
	<u>\$</u>	<u>192,904</u> \$	220,237

### **Operational Report**

I am pleased to present the Operations Report as the Center's Interim Executive Director. While I was not present last year, upon learning about the activities and accomplishments made by a small but mighty team while coming out of a long pandemic, you all have a lot to be proud of and much to celebrate.

INTERM EXECUTIVE
DIRECTOR
CATHY PATERSON

Rupinder Bhatti, our Client Services Coordinator, now promoted to Program Manager, did an exceptional job spending over 1000 hours

throughout the year building new connections with individuals and caregivers, and supporting existing clients who sought support and education around epilepsy and seizures. Almost another thousand people were reached through our education presentations, coordinated by Vineetha Nakka. These informative presentations along with videos and messaging distributed regularly through all our social media channels, has increased our awareness dramatically. And we continue to keep on top of leading-edge developments in the field, communicating this out and engaging professionals to present and share their knowledge.

Purple Day on March 26th each year continues to be a wonderful international rallying cry for all of us to build awareness and support fundraising efforts for those managing epilepsy and seizures. We had terrific support from businesses and community organizations, and together our staff, volunteer team and dedicated Board members all came together to support our work.

A key focus for the coming year will be seeking out new funding opportunities and diversifying our revenue streams to ensure we can broaden our services and extend our reach further across BC.

We wish to express our appreciation to Vineetha who left us later in the year to pursue new career opportunities. Thanks also goes to Kayleen O'Brien for keeping our finances in order and helping us transition to an online platform for financial systems efficiencies. And on behalf of the staff team, I extend our gratitude to the Board of Directors for their support, leadership and guidance throughout the year.

Like many organizations, the pandemic has given us time to pause and reassess our needs and future direction. The Center for Epilepsy and Seizure Education in BC has taken time to reflect on our future needs and is well poised to move forward refreshed to build and broaden its services and support to those in need.

Warmly,

Cathy Paterson
Cathy Paterson

### Client Support

During 2022, the organization achieved significant milestones in building new connections and expanding its reach. The client support program experienced remarkable growth, reaching a total of 206 clients and providing 1080 client services hours to individuals throughout British Columbia. This includes individuals who have recently been diagnosed or have not previously accessed support services.

To ensure that clients stay well-informed about epilepsy-related topics, we continued our practice of sharing "Did You Know Facts" bi-weekly on our social media platforms.

A noteworthy change in 2022 was our intensified focus on providing essential support services to newcomers in British Columbia. To enhance our efforts, we fostered partnerships with community organizations, allowing us to better cater to individuals who have recently moved to the province and are living with epilepsy.



CLIENT SUPPORT COORDINATOR
RUPINDER BHATTI

### ONE-ON-ONE SUPPORT

We offer individual support through various means such as in-person meetings, phone calls, emails, and Zoom sessions. Due to Covid-19, all appointments were conducted virtually or over the phone for the first half of the year. However, we resumed our office services in September, and since then, we have been receiving a steady flow of visitors.

Throughout the year, we provided personalized support to individuals and families, advocating for their rights and assisting clients who experienced harassment or discrimination in the workplace. We also helped students facing challenges in the school setting. Our center referred clients to other community organizations that could address their specific needs such as dental, medical, and housing support. We provided guidance to clients in preparing for medical appointments and facilitated connections with neurologists and physicians in their local area. Additionally, we offered support in completing application forms and identifying various benefits, including disability benefits, employment accommodations, education support, and transportation assistance, among others.



### MANDALA ART PROGRAM

People who have epilepsy encounter several difficulties such as dealing with the uncertainty of seizures, potential adverse effects of medications, the perception of being stigmatized due to their medical condition, and obstacles in social situations. Mandala art presents a chance for those with epilepsy to creatively examine their experiences, including their abilities and positive attributes, within a secure and encouraging setting while creating art. In 2022, we endeavored to expand our program by enhancing the caliber of each session and introducing fresh themes to maintain the interest of our participants.

### Education & Awareness

Having overcome the hurdles of 2021, we entered 2022 well prepared for a productive year ahead. We made significant progress in our mission to educate the public about epilepsy and seizures, aiming to reduce stigma and dispel misinformation while fostering greater understanding. Our efforts delivered 18 presentations and reached approximately 922 individuals across the province.

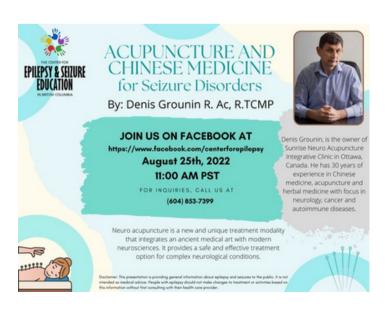


EDUCATION AND AWARENESS
COORDINATOR
VINEETHA NAKKA

In 2021, we capitalized on the slower pandemic months to create six informative mini videos on epilepsy-related topics. These videos, covering subjects like epilepsy basics, seizure first aid, causes of epilepsy, diagnosis expectations, seizure safety tips, and treatment options, were shared on our social media platforms. As a result, we were able to reach a broader audience throughout the province, accumulating over 950 views across YouTube, Facebook, and Instagram.

Furthermore, our social media presence exhibited notable growth from 2021 to 2022. Our Facebook page gained 148 followers, reaching a total of 1,260 followers in 2022. Similarly, our Instagram following increased by 155, totaling 665 followers. On LinkedIn, we added 179 followers, resulting in a total of 511 followers. Additionally, our Twitter account saw an increase of 60 followers, totaling 2,315 followers. Lastly, our YouTube channel gained 56 subscribers, bringing the total to 660 subscribers.

#### PROFESSIONAL PRESENTATIONS



Denis Grouning, a Registered Acupuncturist and Registered Traditional Chinese Medicine Practitioner, delivered a presentation on August 25th, 2022, focusing on acupuncture and Chinese medicine for seizure disorders. The presentation explored the benefits and applications of these alternative approaches in managing seizures, highlighting the principles of acupuncture and the role of Chinese herbal medicine. Attendees gained valuable insights into holistic treatment options for seizure disorders, expanding their understanding of complementary modalities.

### Purple Day March, 26, 2022



Purple Day, observed on March 26th each year, is a global awareness day dedicated to raising awareness about epilepsy and reducing stigma. ESEBC has celebrated Purple Day for the past five years by organizing an annual Purple Day Walk. This event brings together individuals and communities, fostering unity and promoting understanding about epilepsy. The walk serves as a powerful platform to engage participants, educate the public, and show support for those living with epilepsy.

We also created the "31 Days of Epilepsy" awareness campaign, which spanned the entire month. This comprehensive initiative encompassed daily educational content, personal narratives, and resource dissemination across multiple platforms. The primary objective was to raise public awareness, challenge misconceptions, and cultivate greater understanding and empathy towards individuals living with epilepsy.



In 2022, Purple Day witnessed a remarkable display of support across British Columbia as numerous locations illuminated in vibrant purple lights. The initiative aimed to raise awareness and show solidarity for individuals living with epilepsy. Throughout the province, a multitude of landmarks, buildings, and public spaces participated in the campaign, radiating a sea of purple brilliance. This unified effort served as a powerful visual symbol, highlighting the collective commitment to promoting understanding, empathy, and inclusivity for those affected by epilepsy. The widespread participation demonstrated the tremendous support and compassion of communities across British Columbia in recognizing the significance of Purple Day.

### **FUNDRAISERS 2022**





Tuesday, March, 22 2022 - Saturday, March 26, 202 to purchase this sweet treat

A dollar from each purple bun sold will be donated to the cente



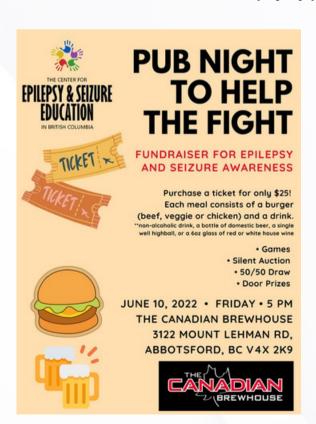


We would like to express our sincere gratitude to Farmhouse Brewing, SinAmen Bun Co., and The Springs Group for their invaluable support in raising awareness and their generous donations. Their partnerships have played a crucial role in our mission to promote epilepsy awareness and provide assistance to individuals living with epilepsy. We are profoundly thankful for their support to making a positive difference in our community.

### FUNDRAISERS 2022



We organized successful fundraising events, including Pub Night, Re:vive Boutique Bistro: Sip Shop Gather Graze fundraiser, and Abbotsford Canucks ticket raffle. These events raised crucial funds to support the fight against epilepsy. Additionally, we volunteered with the Abbotsford Canucks, further demonstrating our commitment to making a difference in the epilepsy community. We are grateful for the community's support and engagement in these initiatives, allowing us to raise awareness and provide vital assistance to those affected by epilepsy.







### Jaymie-Lynn Robertson Memorial Fund





Thank you to Chad Robertson and Belinda McIsaac for their continued support of our programs in loving memory of their daughter, Jaymie-Lynn Robertson.

Special thanks to The Boiler Inspection and Insurance Company for their continued philanthropy to help us support, raise awareness for and educate families affected by epilepsy in honor of Jaymie-Lynn.

### Jamie Lynn Robertson Memorial Bursary Program 2022 Recipients

### We Are Proud To Announce The Following Applicants Have Been Chosen For The Jaymie-Lynn Robertson 2022 Memorial Bursary.





Piper McWilliam



Andrea Heski



Maya Erceg

The Jamie-Lynn Memorial Fund is committed to supporting the education and well-being of individuals and families affected by epilepsy, and as such, has established a bursary program to provide financial support to students pursuing their education while coping with the challenges of epilepsy. The bursary program is open to students with epilepsy, as well as those who have been affected by the condition, whether through a family member or friend.

Through this program, the Jamie-Lynn Memorial Fund aims to reduce the financial burden on students and families affected by epilepsy, allowing them to focus on their studies and achieve their academic goals. By providing financial support, the bursary program aims to empower and encourage students to pursue their passions and make a difference in their communities, just as Jamie Lynn did during her life.

Students who are enrolled in any field of post-secondary education are welcome to apply for the bursary program. By providing support to these students, the Jamie-Lynn Memorial Fund hopes to inspire the next generation of advocates and leaders in the fight against epilepsy.

### Impact and Engagement in 2022: Client Services, Education, Social Media, Fundraising and Volunteerism Statistics

### CLIENT SERVICES

1080 in support hours for 206 clients living in: Abbotsford, Mission, Agassiz, Aldergrove, Surrey, Delta, North Vancouver, Richmond, Burnaby, Kelowna, Quesnel, Castlegar, Cranbrook, Kamloops, Duncan, Nanaimo, Parksville, Cassidy, Victoria, Fort St. John, Chilliwack, Maple Ridge, Pitt Meadows, Coquitlam, Burnaby, Langley, Squamish, Prince George, Burns Lake, Armstrong, Salmon Arm, Vernon, Trail, 100 Mile House, Merritt, Smithers, Fraser Lake, Penticton, Langford, and Revelstoke

### **EDUCATION & AWARENESS**

Mandala Art Livestream: 707 Participants. Drop Support Harness Presentation – 91 Participants

Provided 18 presentations to 922 participants provincially (Vancouver, Maple Ridge, Langley, White Rock, Abbotsford, Mission, Powell River, Vernon, Kelowna, Oliver, Osoyoos, Cumberland, Kamloops, Surrey, Lake Country, Parksville & Burnaby.

Acupuncture and Chinese Medicine for Seizure Disorders Presentation by Denis Grounin – 192 views

Mini-presentation #7 on Epileptic Encephalopathies has 423 views on YouTube, 205 views on Facebook and 14 views on Instagram. TOTAL: 642 views

Purple Day Walk for Epilepsy Awareness - 39 registrants (102 participants)

**Resource Packages** - 28 Resource packages sent out to various towns in Northern BC, the Okanagan, Vancouver Island and in the greater Vancouver area.

### SOCIAL MEDIA

Facebook—1260 Followers Instagram—665 Followers LinkedIn—511 Followers Twitter—2315 Followers YouTube—660 Subscribers

#### FUNDRAISING

Purple Day Walk for Epilepsy Awareness:\$1706.00

Farmhouse Brewing Co: \$1141.00 SinAmen Bun Co.: \$493.00 The Spring Group: \$459.00

ESEBC Abbotsford Canucks Raffle: \$800.00 Pub Night to Help The Fight: \$4995.00 RE:VIVE Boutique Bistro: \$430.00

**50/50** Raffle: \$1910.00

Abbotsford Canucks Volunteer Night: \$1000.00

Abbotsford Canucks Raffle: \$1540.00 Facebook Fundraisers: \$245.00

### VOLUNTEER

Events: 11 volunteers – 239.75 hours -in kind value \$4795.00 Education and Awareness: 7 volunteers - 99 hours - value \$1980.00 Administration: 9 volunteers -360.5 hours - value \$7210.00 Repairs and Maintenance: 1 volunteer - 4 hours - value \$80.00

IT Tech -1 Volunteer - 8 hours- value \$160.00

**Total Volunteers:** 29 positions – 711.25 hours In-kind value of \$14225.00

### Thank You to All Our Generous Supporters



We acknowledge with gratitude the financial support of the Province of British Columbia.

### Rotary Club of Abbotsford



Abbotsford Canucks
Farmhouse Brewing Co.
The Canadian Brewhouse
Re:vive Boutique Bistro
The Springs Group
SinAmen Bun Co.

and all the Community Members who supported '31 days of Epilepsy' & the Purple Day Walk for Epilepsy Awareness in March.

### Proposed Slate of Directors

### RETURNING DIRECTORS

GEORGE (TED) DOWNEY

MALVINDER (FRED) GREWAL

DR. LAKHBIR JASSAL

ELYSSA LOCKHART

JAGJEET (JAG) SANDHU

### **NEW NOMINATIONS**

Tom has been a dedicated volunteer and IT technician with the Center for Epilepsy and Seizure Education for over 10 years. Tom has always been there to take our call for help and assistance, making changes to keep operations smooth and efficient. As an Electrical Apprentice who has owned and operated his own business, Tom brings management and IT expertise to the Center and has spent countless hours discussing options and solutions for ESEBC. He knows our operations intimately and we owe a debt of gratitude to Tom.

We are delighted that he has expressed a desire to join the Board.

Lorrie is an early childhood education assistant. She has two daughters: Melody(30yrs) and Harmony (25yrs). Melody has had epilepsy since the age of 8. Since 2009, Lorrie has been a tireless advocate and unofficial ambassador for the Center for Epilepsy, recommending our services and educational material. Lorrie is a very active, one-woman voice of epilepsy awareness. She is very engaged on social media with 2000 followers on twitter. She writes a blog about living with epilepsy and through her social media presence she had had the opportunity to interview various individuals and has been interviewed by CBC Radio regarding her passion for supporting those with epilepsy.

Her motivation to be on the Board is to help people struggling with epilepsy. She brings experience as a board member through her work with her daughter's school PAC.



TOM ALLEN



LORRIE FORSETH

### THANK YOU FOR JOINING US



THE CENTER FOR

# EPILEPSY & SEIZURE EDUCATION

IN BRITISH COLUMBIA